

UNSAFE SEA

The C.I.R.M. support to the ship crews victims of attacks in the Red Sea

Centro Internazionale Radio Medico (C.I.R.M.), the Italian Telemedical Maritime Assistance Service (TMAS) is the organization with the largest number of patients assisted at sea worldwide. To support ships and their crew victims of attacks in the Red Sea and nearby Gulf of Aden, C.I.R.M. and his spin-off CIRM SERVIZI have developed the dedicated service UNSAFE SEA. This service offers a dedicated neurological and psychological support service to victims of Red Sea shipping attacks.

The service consists in telemedical assistance for offering:

- Valuable **emotional** support
- **Medical** advice if necessary
- Prescription of **integration** of the contents of the ship's pharmacy with medicinal compounds for the **treatment** of symptoms developed as the result of an attack to the ship
- Stimulations to use strategies for management of **stress**



1. **To limit the stress burden**
2. **To provide tools for management of stress**
3. **To prescribe appropriate pharmacological treatments to reduce anxiety, insomnia and other neuropsychiatric problems**
4. **To ensure a continuous psychological support**
5. **To reduce risk factors for the onset of psychopathology**



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For further information, please
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